

- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Holly HARRIS AUS**

SP/SD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3Lo Triple Loop	
3	LSp Layback Spin	
4	2A Double Axel	
5	StSq Step Sequence	
6	CCoSp Change Foot Combination Spin	
7	FCSp Fly. Camel Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3Lo+1Lo+2F Triple Loop+Single Loop+Double Flip	
3	3Lo Triple Loop	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	3T Triple Toeloop	
6	3S+2T Triple Salchow+Double Toeloop	
7	StSq Step Sequence	
8	3S Triple Salchow	
9	CCoSp Change Foot Combination Spin	
10	2A Double Axel	
11	FCSSp Fly. Change Foot Sit Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Alisa STOMAKHINA AUT**

SP/SD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3Lo Triple Loop	
3	2A Double Axel	
4	FCSp Fly. Camel Spin	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
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FS/FD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3T Triple Toeloop	
3	2A+2T Double Axel+Double Toeloop	
4	2F Double Flip	
5	3S+1Lo+2S Triple Salchow+Single Loop+Double Salchow	
6	3S Triple Salchow	
7	2A Double Axel	
8	FCCoSp Fly. Change Foot Comb. Spin	
9	LSp Layback Spin	
10	StSq Step Sequence	
11	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Morgan FLOOD AZE**

SP/SD		Remarks
1	3Lo Triple Loop	
2	2A Double Axel	
3	FCSp Fly. Camel Spin	
4	3S+2T Triple Salchow+Double Toeloop	
5	StSq Step Sequence	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo Triple Loop	
2	3T+2T+2Lo Triple Toeloop+Double Toeloop+Double Loop	
3	2A Double Axel	
4	FCSp Fly. Camel Spin	
5	LSp Layback Spin	
6	3S+2T Triple Salchow+Double Toeloop	
7	3S Triple Salchow	
8	3T Triple Toeloop	
9	StSq Step Sequence	
10	2F+2Lo Double Flip+Double Loop	
11	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Hanna PAROSHYNA BLR**

SP/SD		Remarks
1	3Lo Triple Loop	
2	3S+2T Triple Salchow+Double Toeloop	
3	FCSp Fly. Camel Spin	
4	CCoSp Change Foot Combination Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo Triple Loop	
2	3S+2T Triple Salchow+Double Toeloop	
3	3S Triple Salchow	
4	2F+2T Double Flip+Double Toeloop	
5	2F+1Lo+2S Double Flip+Single Loop+Double Salchow	
6	CCoSp Change Foot Combination Spin	
7	StSq Step Sequence	
8	2A Double Axel	
9	2A Double Axel	
10	FSSp Fly. Sit Spin	
11	LSp Layback Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Alexandra FEIGIN BUL**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	StSq Step Sequence	
3	CCoSp Change Foot Combination Spin	
4	3Lo Triple Loop	
5	2A Double Axel	
6	FCSp Fly. Camel Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	3Lz Triple Lutz	
3	2F Double Flip	
4	FCSp Fly. Camel Spin	
5	3Lo+2T+2Lo Triple Loop+Double Toeloop+Double Loop	
6	3Lo Triple Loop	
7	3S+2A+SEQ Triple Salchow+Double Axel+SEQ	
8	StSq Step Sequence	
9	2A Double Axel	
10	FCCoSp Fly. Change Foot Comb. Spin	
11	LSp Layback Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Sarah TAMURA CAN**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3S Triple Salchow	
3	2A+3T Double Axel+Triple Toeloop	
4	3Lo Triple Loop	
5	FSSp Fly. Sit Spin	
6	3Lz Triple Lutz	
7	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
8	2A Double Axel	
9	CCoSp Change Foot Combination Spin	
10	StSq Step Sequence	
11	LSp Layback Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Xiangning LI CHN**

SP/SD		Remarks
1	3F+3T Triple Flip+Triple Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	CCoSp Change Foot Combination Spin	
5	2A Double Axel	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3F+3T Triple Flip+Triple Toeloop	
2	3Lz Triple Lutz	
3	3Lo Triple Loop	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	2A+1Lo+3S Double Axel+Single Loop+Triple Salchow	
7	2A+2Lo Double Axel+Double Loop	
8	3F Triple Flip	
9	3S Triple Salchow	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Amy LIN TPE**

SP/SD		Remarks
1	3T+2T Triple Toeloop+Double Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	StSq Step Sequence	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz Triple Lutz	
2	3T Triple Toeloop	
3	3Lo Triple Loop	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	LSp Layback Spin	
7	3T+2T Triple Toeloop+Double Toeloop	
8	2A Double Axel	
9	3S Triple Salchow	
10	2A+2T+2Lo Double Axel+Double Toeloop+Double Loop	
11	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Hana CVIJANOVIC CRO**

SP/SD	Remarks
1 2A Double Axel	
2 FCSp Fly. Camel Spin	
3 CCoSp Change Foot Combination Spin	
4 StSq Step Sequence	
5 2F+2T Double Flip+Double Toeloop	
6 2Lo Double Loop	
7 SSp Sit Spin	
8	
9	
10	
FS/FD	Remarks
1 2A+2T Double Axel+Double Toeloop	
2 3Lo Triple Loop	
3 FCCoSp Fly. Change Foot Comb. Spin	
4 StSq Step Sequence	
5 2A Double Axel	
6 FSSp Fly. Sit Spin	
7 2Lz+2T Double Lutz+Double Toeloop	
8 2F+2Lo+2Lo Double Flip+Double Loop+Double Loop	
9 2Lz Double Lutz	
10 2F Double Flip	
11 CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Michaela-Lucie HANZLIKOVA CZE**

SP/SD		Remarks
1	3S+3T Triple Salchow+Triple Toeloop	
2	LSp Layback Spin	
3	3Lo Triple Loop	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	2A+3T+2T Double Axel+Triple Toeloop+Double Toeloop	
3	3T Triple Toeloop	
4	3Lo+2Lo Triple Loop+Double Loop	
5	FCCoSp Fly. Change Foot Comb. Spin	
6	2A Double Axel	
7	StSq Step Sequence	
8	3Lo Triple Loop	
9	2Lz+2T Double Lutz+Double Toeloop	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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Planned Program Content - Check List

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**Kristina SHKULETA-GROMOVA EST**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	CCoSp Change Foot Combination Spin	
5	2A Double Axel	
6	LSp Layback Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3T+2T Triple Toeloop+Double Toeloop	
2	3F Triple Flip	
3	2A Double Axel	
4	3T Triple Toeloop	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	3S+2T Triple Salchow+Double Toeloop	
8	3S Triple Salchow	
9	2Lz+1Lo+2F Double Lutz+Single Loop+Double Flip	
10	FCCoSp Fly. Change Foot Comb. Spin	
11	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

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**Viveca LINDFORS FIN**

SP/SD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	2A Double Axel	
6	LSp Layback Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3T+2A+SEQ Triple Toeloop+Double Axel+SEQ	
3	3F Triple Flip	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	3T Triple Toeloop	
7	3Lz Triple Lutz	
8	CSSp Change Foot Sit Spin	
9	3S Triple Salchow	
10	2A+2T+2Lo Double Axel+Double Toeloop+Double Loop	
11	CCoSp Change Foot Combination Spin	
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As of: 13.03.2017 13:01:20

**Julie FROETSCHER FRA**

SP/SD		Remarks
1	2A Double Axel	
2	StSq Step Sequence	
3	FCSp Fly. Camel Spin	
4	3Lz+2T Triple Lutz+Double Toeloop	
5	3Lo Triple Loop	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
2	3F Triple Flip	
3	3Lo Triple Loop	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	3Lz Triple Lutz	
7	2A+2T Double Axel+Double Toeloop	
8	3S Triple Salchow	
9	2A Double Axel	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Lea Johanna DASTICH GER**

SP/SD		Remarks
1	3F+2T Triple Flip+Double Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	CCoSp Change Foot Combination Spin	
5	2A Double Axel	
6	LSp Layback Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3F+1Lo+3S Triple Flip+Single Loop+Triple Salchow	
3	3Lz Triple Lutz	
4	CCoSp Change Foot Combination Spin	
5	StSq Step Sequence	
6	2A+3T Double Axel+Triple Toeloop	
7	3Lo Triple Loop	
8	3F Triple Flip	
9	LSp Layback Spin	
10	2A Double Axel	
11	FSSp Fly. Sit Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Kristen SPOURS GBR**

SP/SD		Remarks
1	3F+2T Triple Flip+Double Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	SSp Sit Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F+2T+2Lo Triple Flip+Double Toeloop+Double Loop	
2	3Lo+2T Triple Loop+Double Toeloop	
3	3F Triple Flip	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	3Lo Triple Loop	
6	2A Double Axel	
7	2F+2Lo Double Flip+Double Loop	
8	2A Double Axel	
9	CCoSp Change Foot Combination Spin	
10	StSq Step Sequence	
11	SSp Sit Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Yi Christy LEUNG HKG**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	StSq Step Sequence	
4	2A Double Axel	
5	3Lo Triple Loop	
6	LSp Layback Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		

FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3Lo Triple Loop	
3	3Lo Triple Loop	
4	CCoSp Change Foot Combination Spin	
5	LSp Layback Spin	
6	StSq Step Sequence	
7	2A+3T Double Axel+Triple Toeloop	
8	3Lz Triple Lutz	
9	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
10	2A Double Axel	
11	FCCoSp Fly. Change Foot Comb. Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Daria JAKAB HUN**

SP/SD		Remarks
1	FCSp Fly. Camel Spin	
2	3S+2T Triple Salchow+Double Toeloop	
3	3Lo Triple Loop	
4	CCoSp Change Foot Combination Spin	
5	2A Double Axel	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		

FS/FD		Remarks
1	FCSSp Fly. Change Foot Sit Spin	
2	3S+2T Triple Salchow+Double Toeloop	
3	3Lo Triple Loop	
4	3S Triple Salchow	
5	2A+2T Double Axel+Double Toeloop	
6	CCoSp Change Foot Combination Spin	
7	2A Double Axel	
8	2F+1Lo+2S Double Flip+Single Loop+Double Salchow	
9	StSq Step Sequence	
10	2F Double Flip	
11	LSp Layback Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Fruzsina MEDGYESI HUN**

SP/SD	Remarks
1 2A Double Axel	
2 FCSp Fly. Camel Spin	
3 LSp Layback Spin	
4 StSq Step Sequence	
5 3Lo Triple Loop	
6 3S+2T Triple Salchow+Double Toeloop	
7 CCoSp Change Foot Combination Spin	
8	
9	
10	

FS/FD	Remarks
1 3T Triple Toeloop	
2 3Lo+2T Triple Loop+Double Toeloop	
3 2A Double Axel	
4 LSp Layback Spin	
5 StSq Step Sequence	
6 2A Double Axel	
7 FCCoSp Fly. Change Foot Comb. Spin	
8 3Lo Triple Loop	
9 3S+1Lo+2F Triple Salchow+Single Loop+Double Flip	
10 3S+2T Triple Salchow+Double Toeloop	
11 CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Paige CONNERS ISR**

SP/SD		Remarks
1	2A Double Axel	
2	3F+2T Triple Flip+Double Toeloop	
3	FCSp Fly. Camel Spin	
4	2Lo Double Loop	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	2A Double Axel	
2	3F Triple Flip	
3	3S+2T Triple Salchow+Double Toeloop	
4	3T Triple Toeloop	
5	FSSp Fly. Sit Spin	
6	3S Triple Salchow	
7	2Lz+2T+2Lo Double Lutz+Double Toeloop+Double Loop	
8	2F+2Lo Double Flip+Double Loop	
9	CCoSp Change Foot Combination Spin	
10	StSq Step Sequence	
11	FCCoSp Fly. Change Foot Comb. Spin	
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Elisabetta LECCARDI ITA**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	StSq Step Sequence	
3	3Lo Triple Loop	
4	LSp Layback Spin	
5	2A Double Axel	
6	FCSp Fly. Camel Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F Triple Flip	
2	StSq Step Sequence	
3	3Lo+2A+SEQ Triple Loop+Double Axel+SEQ	
4	3Lo Triple Loop	
5	3T+2T Triple Toeloop+Double Toeloop	
6	FCSp Fly. Camel Spin	
7	2A Double Axel	
8	CCoSp Change Foot Combination Spin	
9	3S+2T Triple Salchow+Double Toeloop	
10	3S Triple Salchow	
11	LSp Layback Spin	
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As of: 13.03.2017 13:01:20

**Marin HONDA JPN**

SP/SD		Remarks
1	LSp Layback Spin	
2	3F+3T Triple Flip+Triple Toeloop	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	3Lo Triple Loop	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz Triple Lutz	
2	3F+3T Triple Flip+Triple Toeloop	
3	LSp Layback Spin	
4	FSSp Fly. Sit Spin	
5	StSq Step Sequence	
6	2A+3T Double Axel+Triple Toeloop	
7	3S Triple Salchow	
8	3Lo Triple Loop	
9	3F Triple Flip	
10	2A+2T+2Lo Double Axel+Double Toeloop+Double Loop	
11	CCoSp Change Foot Combination Spin	
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As of: 13.03.2017 13:01:20

**Kaori SAKAMOTO JPN**

SP/SD		Remarks
1	3Lo Triple Loop	
2	LSp Layback Spin	
3	FCSp Fly. Camel Spin	
4	3F+3T Triple Flip+Triple Toeloop	
5	2A Double Axel	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3F+3T Triple Flip+Triple Toeloop	
2	3Lz Triple Lutz	
3	3S Triple Salchow	
4	FSSp Fly. Sit Spin	
5	2A+3T Double Axel+Triple Toeloop	
6	3F+2T+2Lo Triple Flip+Double Toeloop+Double Loop	
7	FCCoSp Fly. Change Foot Comb. Spin	
8	3Lo Triple Loop	
9	StSq Step Sequence	
10	2A Double Axel	
11	CCoSp Change Foot Combination Spin	
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As of: 13.03.2017 13:01:20

Yuna SHIRAIWA JPN

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	LSp Layback Spin	
3	FCSp Fly. Camel Spin	
4	3Lo Triple Loop	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCSp Change Foot Camel Spin	
8		
9		
10		
FS/FD		Remarks
1	LSp Layback Spin	
2	3Lz+3Lo Triple Lutz+Triple Loop	
3	3S Triple Salchow	
4	FSSp Fly. Sit Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	2A+2T+2Lo Double Axel+Double Toeloop+Double Loop	
8	3Lz+3T Triple Lutz+Triple Toeloop	
9	3F Triple Flip	
10	3Lo Triple Loop	
11	CCoSp Change Foot Combination Spin	
12		
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As of: 13.03.2017 13:01:20

**Aiza MAMBEKOVA KAZ**

SP/SD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	2A Double Axel	
3	CCoSp Change Foot Combination Spin	
4	2Lo Double Loop	
5	StSq Step Sequence	
6	FCSp Fly. Camel Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3S Triple Salchow	
3	2A+1Lo+2S Double Axel+Single Loop+Double Salchow	
4	CCoSp Change Foot Combination Spin	
5	2Lo Double Loop	
6	2Lz Double Lutz	
7	2A Double Axel	
8	FSSp Fly. Sit Spin	
9	StSq Step Sequence	
10	2Lz+2T Double Lutz+Double Toeloop	
11	LSp Layback Spin	
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**Diana NIKITINA LAT**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	StSq Step Sequence	
4	3Lo Triple Loop	
5	2A Double Axel	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	3Lo Triple Loop	
4	LSp Layback Spin	
5	StSq Step Sequence	
6	2A+2T Double Axel+Double Toeloop	
7	2Lz Double Lutz	
8	2A+3T Double Axel+Triple Toeloop	
9	3S Triple Salchow	
10	FCSp Fly. Camel Spin	
11	CCoSp Change Foot Combination Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Elzbieta KROPA LTU**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	3Lo Triple Loop	
3	FSSp Fly. Sit Spin	
4	StSq Step Sequence	
5	2A Double Axel	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	2A+2T Double Axel+Double Toeloop	
2	3F Triple Flip	
3	3Lo Triple Loop	
4	2A Double Axel	
5	FSSp Fly. Sit Spin	
6	3T+2T Triple Toeloop+Double Toeloop	
7	2F+1Lo+2S Double Flip+Single Loop+Double Salchow	
8	3T Triple Toeloop	
9	CCoSp Change Foot Combination Spin	
10	StSq Step Sequence	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Andrea MONTESINOS CANTU MEX**

SP/SD	Remarks
1 3Lo Triple Loop	
2 FCSp Fly. Camel Spin	
3 StSq Step Sequence	
4 3S+2T Triple Salchow+Double Toeloop	
5 CCoSp Change Foot Combination Spin	
6 2A Double Axel	
7 LSp Layback Spin	
8	
9	
10	
FS/FD	Remarks
1 2A+1Lo+3S Double Axel+Single Loop+Triple Salchow	
2 3Lo+2T Triple Loop+Double Toeloop	
3 3Lo Triple Loop	
4 FCCoSp Fly. Change Foot Comb. Spin	
5 StSq Step Sequence	
6 3S Triple Salchow	
7 2A Double Axel	
8 CCoSp Change Foot Combination Spin	
9 2Lz+2T Double Lutz+Double Toeloop	
10 2F Double Flip	
11 LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Juni Marie BENJAMINSEN NOR**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	3Lo Triple Loop	
4	CCoSp Change Foot Combination Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	3Lz Triple Lutz	
3	3Lo+2T Triple Loop+Double Toeloop	
4	FCCSp Fly. Change Foot Camel Spin	
5	2A Double Axel	
6	3S+2T Triple Salchow+Double Toeloop	
7	StSq Step Sequence	
8	2Lz Double Lutz	
9	2Lz+1Lo+2S Double Lutz+Single Loop+Double Salchow	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**So Hyun AN KOR**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	CCoSp Change Foot Combination Spin	
4	3Lo Triple Loop	
5	2A Double Axel	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3S Triple Salchow	
3	2A Double Axel	
4	CCoSp Change Foot Combination Spin	
5	StSq Step Sequence	
6	3Lo+3T Triple Loop+Triple Toeloop	
7	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
8	3F Triple Flip	
9	2A Double Axel	
10	FCSp Fly. Camel Spin	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Eunsoo LIM KOR**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	StSq Step Sequence	
4	3Lo Triple Loop	
5	2A Double Axel	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	3Lo Triple Loop	
4	CCoSp Change Foot Combination Spin	
5	2A+3T Double Axel+Triple Toeloop	
6	FCSp Fly. Camel Spin	
7	StSq Step Sequence	
8	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
9	3S Triple Salchow	
10	2A Double Axel	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Amanda STAN ROU**

SP/SD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	LSp Layback Spin	
6	CCoSp Change Foot Combination Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3Lo Triple Loop	
3	3T+2T Triple Toeloop+Double Toeloop	
4	FSSp Fly. Sit Spin	
5	2A Double Axel	
6	CCoSp Change Foot Combination Spin	
7	3S+1Lo+2S Triple Salchow+Single Loop+Double Salchow	
8	3T Triple Toeloop	
9	LSp Layback Spin	
10	StSq Step Sequence	
11	3S Triple Salchow	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Stanislava KONSTANTINOVA RUS**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	LSp Layback Spin	
3	FCSp Fly. Camel Spin	
4	3Lo Triple Loop	
5	2A Double Axel	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3Lz Triple Lutz	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	3F+1Lo+3S Triple Flip+Single Loop+Triple Salchow	
6	2A+2T Double Axel+Double Toeloop	
7	3Lo Triple Loop	
8	3F Triple Flip	
9	2A Double Axel	
10	LSp Layback Spin	
11	CCoSp Change Foot Combination Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Polina TSURSKAYA RUS**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	StSq Step Sequence	
4	3Lo Triple Loop	
5	2A Double Axel	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T+2T Triple Lutz+Triple Toeloop+Double Toeloop	
2	FCCoSp Fly. Change Foot Comb. Spin	
3	StSq Step Sequence	
4	3Lz+3T Triple Lutz+Triple Toeloop	
5	3F+2T Triple Flip+Double Toeloop	
6	2A Double Axel	
7	3S Triple Salchow	
8	3Lo Triple Loop	
9	2A Double Axel	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Alina ZAGITOVA RUS**

SP/SD		Remarks
1	FCSp Fly. Camel Spin	
2	StSq Step Sequence	
3	3Lz+3T Triple Lutz+Triple Toeloop	
4	3Lo Triple Loop	
5	2A Double Axel	
6	LSp Layback Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
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FS/FD		Remarks
1	FCSp Fly. Camel Spin	
2	StSq Step Sequence	
3	3Lz+3Lo Triple Lutz+Triple Loop	
4	2A+3T Double Axel+Triple Toeloop	
5	3F+2T+2Lo Triple Flip+Double Toeloop+Double Loop	
6	LSp Layback Spin	
7	3Lz Triple Lutz	
8	3S Triple Salchow	
9	3F Triple Flip	
10	2A Double Axel	
11	CCoSp Change Foot Combination Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Leona ROGIC SRB**

SP/SD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	2A Double Axel	
3	CCoSp Change Foot Combination Spin	
4	StSq Step Sequence	
5	2Lo Double Loop	
6	FCSp Fly. Camel Spin	
7	SSp Sit Spin	
8		
9		
10		
FS/FD		Remarks
1	2A+2Lo Double Axel+Double Loop	
2	2F Double Flip	
3	3S Triple Salchow	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	2A Double Axel	
6	StSq Step Sequence	
7	2Lz+2Lo Double Lutz+Double Loop	
8	2F+1Lo+2S Double Flip+Single Loop+Double Salchow	
9	2Lz Double Lutz	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Chloe ING SGP**

SP/SD		Remarks
1	2A Double Axel	
2	3S+2T Triple Salchow+Double Toeloop	
3	LSp Layback Spin	
4	3Lo Triple Loop	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	3Lo Triple Loop	
3	3Lo+2T Triple Loop+Double Toeloop	
4	2A Double Axel	
5	LSp Layback Spin	
6	2A Double Axel	
7	FCSp Fly. Camel Spin	
8	2Lz+2Lo+2Lo Double Lutz+Double Loop+Double Loop	
9	StSq Step Sequence	
10	2Lz+2T Double Lutz+Double Toeloop	
11	CCoSp Change Foot Combination Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Alexandra HAGAROVA SVK**

SP/SD		Remarks
1	3Lo Triple Loop	
2	3S+2T Triple Salchow+Double Toeloop	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	CCoSp Change Foot Combination Spin	
6	2A Double Axel	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo Triple Loop	
2	3F Triple Flip	
3	3S+2T Triple Salchow+Double Toeloop	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	2Lz Double Lutz	
6	StSq Step Sequence	
7	3S+2T Triple Salchow+Double Toeloop	
8	2A+1Lo+2Lo Double Axel+Single Loop+Double Loop	
9	CCoSp Change Foot Combination Spin	
10	2A Double Axel	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Nina POLSAK SLO**

SP/SD		Remarks
1	2Lz+2T Double Lutz+Double Toeloop	
2	2Lo Double Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	2A Double Axel	
2	3S Triple Salchow	
3	2Lz+2T Double Lutz+Double Toeloop	
4	LSp Layback Spin	
5	2A Double Axel	
6	2F+2T Double Flip+Double Toeloop	
7	FCoSp Fly. Combination Spin	
8	StSq Step Sequence	
9	2Lz Double Lutz	
10	2F+1Lo+2S Double Flip+Single Loop+Double Salchow	
11	CCoSp Change Foot Combination Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Valentina MATOS ESP**

SP/SD		Remarks
1	3Lz+2T Triple Lutz+Double Toeloop	
2	3Lo Triple Loop	
3	LSp Layback Spin	
4	FCSp Fly. Camel Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3T+2T Triple Toeloop+Double Toeloop	
2	3Lz Triple Lutz	
3	3S Triple Salchow	
4	3S+2T Triple Salchow+Double Toeloop	
5	FCCoSp Fly. Change Foot Comb. Spin	
6	3T Triple Toeloop	
7	2A+1Lo+2S Double Axel+Single Loop+Double Salchow	
8	StSq Step Sequence	
9	2A Double Axel	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

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**Anita ÖSTLUND SWE**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	2A Double Axel	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	3Lo Triple Loop	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	3Lo Triple Loop	
4	StSq Step Sequence	
5	2A+3T Double Axel+Triple Toeloop	
6	FCCoSp Fly. Change Foot Comb. Spin	
7	3Lo+2T+2Lo Triple Loop+Double Toeloop+Double Loop	
8	3S Triple Salchow	
9	2A Double Axel	
10	LSp Layback Spin	
11	CCoSp Change Foot Combination Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Yoonmi LEHMANN SUI**

SP/SD		Remarks
1	3S+2T Triple Salchow+Double Toeloop	
2	3Lo Triple Loop	
3	FCSp Fly. Camel Spin	
4	2A Double Axel	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3S+2T+2Lo Triple Salchow+Double Toeloop+Double Loop	
2	3Lo Triple Loop	
3	LSp Layback Spin	
4	3T+2T Triple Toeloop+Double Toeloop	
5	3S Triple Salchow	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8	3T Triple Toeloop	
9	2A Double Axel	
10	StSq Step Sequence	
11	FCSp Fly. Camel Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Guzide Irmak BAYIR TUR**

SP/SD		Remarks
1	3Lo Triple Loop	
2	3S+2T Triple Salchow+Double Toeloop	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	2A Double Axel	
6	CCoSp Change Foot Combination Spin	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lo+2T Triple Loop+Double Toeloop	
2	3S+2T Triple Salchow+Double Toeloop	
3	3Lo Triple Loop	
4	StSq Step Sequence	
5	3S Triple Salchow	
6	2A Double Axel	
7	FCSp Fly. Camel Spin	
8	2Lz+2Lo+2Lo Double Lutz+Double Loop+Double Loop	
9	2A Double Axel	
10	CCoSp Change Foot Combination Spin	
11	LSp Layback Spin	
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- Junior Ladies

Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Anastasia GOZHVA UKR**

SP/SD		Remarks
1	3F+2T Triple Flip+Double Toeloop	
2	3Lo Triple Loop	
3	CCoSp Change Foot Combination Spin	
4	2A Double Axel	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	2A+3T Double Axel+Triple Toeloop	
2	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
3	3F Triple Flip	
4	3Lo Triple Loop	
5	FCSp Fly. Camel Spin	
6	3Lo+2T Triple Loop+Double Toeloop	
7	3S Triple Salchow	
8	LSp Layback Spin	
9	3F Triple Flip	
10	StSq Step Sequence	
11	CCoSp Change Foot Combination Spin	
12		
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Starr ANDREWS USA**

SP/SD		Remarks
1	3T+3T Triple Toeloop+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	CCoSp Change Foot Combination Spin	
4	3Lo Triple Loop	
5	StSq Step Sequence	
6	2A Double Axel	
7	LSp Layback Spin	
8		
9		
10		
FS/FD		Remarks
1	3S+3T+2T Triple Salchow+Triple Toeloop+Double Toeloop	
2	2A+3T Double Axel+Triple Toeloop	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	2A Double Axel	
6	3Lz Triple Lutz	
7	3F Triple Flip	
8	3Lo+2T Triple Loop+Double Toeloop	
9	3Lo Triple Loop	
10	CCoSp Change Foot Combination Spin	
11	FCCoSp Fly. Change Foot Comb. Spin	
12		
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Planned Program Content - Check List

As of: 13.03.2017 13:01:20

**Bradie TENNELL USA**

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	FCSp Fly. Camel Spin	
3	3Lo Triple Loop	
4	FSSp Fly. Sit Spin	
5	StSq Step Sequence	
6	2A Double Axel	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		

FS/FD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3S Triple Salchow	
3	3F Triple Flip	
4	FSSp Fly. Sit Spin	
5	StSq Step Sequence	
6	2A+3T Double Axel+Triple Toeloop	
7	3Lz+2T+2Lo Triple Lutz+Double Toeloop+Double Loop	
8	3Lo Triple Loop	
9	2A Double Axel	
10	FCCoSp Fly. Change Foot Comb. Spin	
11	CCoSp Change Foot Combination Spin	
12		
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